



THE BRISTOL CHAN GROUP (WCF)
(Chinese Zen)
invites you to a sitting day



**“Eight core sutras of early Buddhism:
A day of study and meditation”**

Led by Hugh Carroll

Hugh Carroll is an experienced WCF practitioner and leader of the Swindon WCF group. The day will explore what the Buddha really taught according to the Pali Sutras. We will be studying and discussing eight sutras. The day will require some preparatory reading, so please book in good time so that you can receive the sutras you will need to read. This will take you about an hour.

On Sunday 11th May 2008, 10:00 am – 5:00 pm
at the Coach House,
40A Eastfield, Westbury-on-Trym, Bristol, BS9 4BE

Cost £20. (A limited number of bursaries are available on application for low waged and unwaged)
Please bring lunch to share, a cushion, mat or blanket or whatever you like to sit on.

If you would like to come, please contact:

bookings@bristolchan.co.uk or phone 01749 676248

Other enquiries to enquiries@bristolchan.co.uk 0117 924 8819